

## Stadionrekorde Waldstadion Limburgerhof Stand 31.12.2024

### Männer

|                      |              |                                                      |                             |      |
|----------------------|--------------|------------------------------------------------------|-----------------------------|------|
| 100m                 | 10,56s       | Heiko Heintz                                         | LAZ Zweibrücken             | 1991 |
| 200m                 | 21,25s       | Thomas Müller                                        | ABC Ludwigshafen            | 2001 |
| 400m                 | 46,94s       | Julian Voelkel                                       | TSV Bayer Leverkusen        | 1998 |
| 800m                 | 1:49,54min   | Bitok Cleophas                                       | Kenia                       | 1995 |
| 1500m                | 3:54,16min   | Thomas Kreutz                                        | LG SV Rülzheim              | 1991 |
| 3000m                | 8:15,05min   | Alexander Gunkel                                     | SV Saar 05 Saarbrücken      | 1991 |
| 5000m                | 14:31,22min  | Steffen Brandis                                      | ASC Darmstadt               | 1995 |
| 10000m               | 31:28,68min  | Markus Hilt                                          | SV Saar 05 Saarbrücken      | 1992 |
| 110m Hürden          | 14,58s       | Michael Weber                                        | Salamander Kornwestheim     | 1990 |
| 400m Hürden          | 50,25s       | Wayne Whyte                                          | Jamaica                     | 1997 |
| 3000m Hindernis      | 8:58,89min   | Ralf Thumm                                           | LG Filder                   | 1996 |
| 4x100m               | 40,77s       | Hein, Zügel, Lutz, Nitsch                            | Salamander Kornwestheim     | 1990 |
| 4x400m               | 3:31,34min   | Thomas, Brendel, Güttler, Keller                     | LG Speyer-Schifferstadt (J) | 1993 |
| 4x800m               | 7:54,50min   | Zimmermann, Ulrich, Schmiz, Rudolphi                 | 1. FC Kaiserslautern        | 1991 |
| 10000m Gehen         | 46:47,79min  | Arnd Papert                                          | LAZ Zweibrücken             | 1991 |
| Hochsprung           | 2,09m        | Dirk Meyer                                           | LAZ Zweibrücken             | 1991 |
| Stabhochsprung       | 5,10m        | Yvir Elisseev, Viktor Tschistakov                    | Moskau, Moskau              | 1993 |
| Weitsprung           | 7,49m        | Jan Uder                                             | SC Rehlingen                | 2011 |
| Dreisprung           | 15,35m       | Marco Plätke                                         | Salamander Kornwestheim     | 1997 |
| Kugelstoß            | 15,78m       | Thomas Kupper                                        | DJK Eintracht Ludwigshafen  | 1991 |
| Diskuswurf           | 51,36m       | Gunnar Minstedt                                      | Salamander Kornwestheim     | 1990 |
| Hammerwurf           | 50,58m       | Bernd Cebulla                                        | VT Zweibrücken              | 1991 |
| Speerwurf            | 74,08m       | Markus Galanski                                      | LG Karlsruhe                | 1991 |
| Zehnkampf            | 7169 Punkte  | Andreas Niedenbrück                                  | USC Mainz                   | 2014 |
| Zehnkampf-Mannschaft | 19996 Punkte | Julius Ladleif, Andreas Niedenbrück, Floris van Lier | USC Mainz                   | 2013 |

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| Frauen                 |              |                              |                          |      |
|------------------------|--------------|------------------------------|--------------------------|------|
| 100m                   | 12,10s       | Silke Eichmann               | ABC Ludwigshafen         | 1999 |
| 200m                   | 24,43s       | Silke Eichmann               | ABC Ludwigshafen         | 1999 |
| 400m                   | 56,87s       | Jeannette Ewen               | Post SV Trier            | 1990 |
| 800m                   | 2:05,60s     | Aline Krebs                  | LAZ Saarbrücken          | 2012 |
| 1500m                  | 4:36,08min   | Gerlinde Lenske              | LG SV Rülzheim           | 1994 |
| 3000m                  | 8:59,56min   | Petra Wassiluk               | ASC Darmstadt            | 1997 |
| 5000m                  | 16:20,98min  | Petra Wassiluk               | ASC Darmstadt            | 1995 |
| 10000m                 | 36:00,06min  | Uschi Wolf                   | ASC Darmstadt            | 1993 |
| 100m Hürden            | 13,52s       | Antonia Werner               | TV Flieden               | 2012 |
| 400m Hürden            | 64,88s       | Stefanie Knob                | ABC Ludwigshafen         | 1995 |
| 4x100m                 | 48,51s       | Engel, Bernd, Hohl, Minx     | ABC Ludwigshafen         | 1990 |
| 3x800m                 | 6:50,92min   | Jeck, Byrd, Burg             | ABC Ludwigshafen         | 1995 |
| 5000m Gehen            | 28:20,69min  | Katja Mayer                  | LG Sickingen             | 1991 |
| Hochsprung             | 1,84m        | Elena Brambilla              | Fiamme Azzurre (ITA)     | 2014 |
| Stabhochsprung         | 3,70m        | Nicole Rieger                | ASV Landau               | 1992 |
| Weitsprung             | 6,02m        | Alexandra Wester (W15)       | USC Mainz                | 2009 |
| Dreisprung             | 12,34m       | Bettina Lotsch               | ABC Ludwigshafen         | 1997 |
| Kugelstoß              | 14,26m       | Martina Grzenkowski          | USC Heidelberg           | 1990 |
| Diskuswurf             | 61,16m       | Ursula Kreutel               | LG VfB/Kickers Stuttgart | 1990 |
| Hammerwurf             | 48,82m       | Margot Kruber                | LAZ Zweibrücken          | 1993 |
| Speerwurf              | 59,62m       | Antje Zöllkau                | MTG Mannheim             | 1991 |
| Siebenkampf            | 5332 Punkte  | Marleen Wörsdörfer           | USC Mainz                | 2006 |
| Siebenkampf-Mannschaft | 14477 Punkte | Burgmann, Bürgstein, Rexrodt | LG Eintracht Frankfurt   | 2000 |